

October, 2025



Parish Messenger

Christ Community United Methodist Parish



A Note from Pastor Jess

Tim and I went for a walk in September on a warm moonless night. The streets in town were not great and the sidewalks are also full of dips and large cracks. I had no trouble navigating the dark streets or walking through the park, in fact the lack of streetlights made it easier for me to walk because the starlight was more or less consistent, whereas the street light only covered certain places. The change from bright to dark messed with my night vision but not enough to hinder my forward progress. On our walk, we surprised some deer which I could see as gray forms moving through the still night. One of them snorted its displeasure and stomped its foot at us. For me the whole experience was a nice relaxing walk full, of beauty and peace. For Tim there was the constant worry of stumbling on uneven ground and hearing but not knowing what was moving in the shadows. We were together on the same road but experiencing totally different things. While this was just an evening walk it had me reflecting on our faith.

I speak of faith as a journey because that is what it feels like to me. I had a professor in seminary refer to God as the Journeying One, because God is with us on the journey. That image of God has stuck with me all these years, God on the path. But the path that works for me, the path that brings me closer in step with Jesus, is not the path for everyone. It cannot be the same because God did not make us all the same. Some people need more illumination. Some people need more direction. Some people need another person to help them progress along the path. Some people need to rest more than others.

Taking the Gospel Discipleship Assessment was helpful for me, partially because it helped me learn a little bit more of the kind of disciple I am on and the path that works for me and partially because it helped me understand the type of disciples around me and the path they are on. I am very much a Matthean disciples- driven by the mission and putting faith into action. Most of you are not. The majority of people in the parish are Lukan disciples- relationship focused. There are a few Markans (Holy Spirit Centered) and Johannines (Mentor-Apprentice Nurtured) as well as Mattheans. Of the 79 people who took the assessment, 42 are Lukan as their primary type and 9 are Lukan tied with another type. Only 12 are primarily Matthean.

There is nothing wrong with this, in fact, there is something wonderful about all of us journeying together in our own unique ways. It is also something we need to be mindful of as we journey with others. Trying to get others to live the faith the way we do may seem like a good idea at the time, but it may result in harm. A moonless stroll was a refreshing and relaxing time for me, it was anxiety inducing and could have been dangerous for Tim.

If we see someone struggling, don't try to pull them along. Work with them to figure out what they need, what type of disciple they are called to be, and then help them live into it. We are all following the same Savior even if we do so very differently.

Peace and blessings, Pastor Jess

October Birthdays

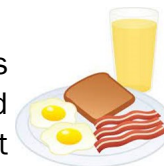
1—Max Mason, Piper Mason
 2—Ron Argo
 3—Jocelyn Wells, Cindy Shelley
 6—Molly Arnold
 7—Janice Rockhold
 10—Russell Dithrow
 12—Leroy Perkins
 14—Seth Sheriff
 16—John Ambelang, Nolan Lange, Al Pyner
 19—Sherrel Prosser
 22—Dennis Thomas
 24—Andie Ewing
 27—Marj Pyner
 30—Marilyn Burley, Tim Gaul, Maggie Lange, Tucker Welch

October Anniversaries

6—Floyd Gibbs & Marilyn Burley

Men's Breakfast

Men's Breakfast Group meets at Corydon UMC on the 1st and 3rd Wednesdays at 7:00 am for breakfast and Christian fellowship.



Millerton UMC Weekly Community Breakfast



Every Monday morning at 7:30 people gather at Millerton UMC for coffee and breakfast. All are welcome.

Bell Choir Practice

Corydon Handbell Choir practice will be on most Tuesdays. Bell ringers are always needed, both full time and substitutes. Everyone who has a heart for music is welcome. Contact Wayne Jackson at 641-872-2140 if you have any questions.



Cookies for STEM

Becca from Hy-Vee asked me if our parish would be willing to furnish cookies for the big STEM event (science, technology, engineering and math) which will be held on October 25 from 10-2 at the Wayne County Fairgrounds. They have invited 5 school districts and expect 500 elementary age kids to participate. There will be 20-25 groups with hands-on experiences to show the kids and lunch will be furnished. We have helped with this for at least the last 2 years and it is a great experience for the kids. They would like cookies, bars (in disposable pans) or purchased items and they can be left at Corydon Hy-Vee on Friday the 24th or taken to the fairgrounds on Saturday by 10. Thanks for helping let our kids experience some new ideas. Georgia Runyon

ATTENDANCE

<u>September</u>	<u>7</u>	<u>14</u>	<u>21</u>
Allerton	10	13	15
Corydon	48	33	30
Lineville	24	40	18
Millerton	23	25	23
<u>New Zion</u>	<u>33</u>	<u>30</u>	<u>28</u>
Total	138	136	114

Average parish attendance for the first 3 Sundays in September was 129.

Attendance at the August 31st Joint Parish Worship at the Allerton UMC was 70.

Lay Servant Training Class - Osceola UMC-October 11, 2025

There are two trainings being held on Saturday, October 11, 2025 - 9:00 am - 4:00 pm at Osceola UMC - 130 W Grant St. Osceola, IA 50213

Basic Lay Servant Ministries will be taught by Robbin Gallegos and Dennis Shepherd.

Advanced Course Worship will be taught by Lorinda Hoover and Kasey Vogel.

You can find the registration information online by visiting the Southwest District portion of the Iowa Annual Conference website.

Hot Rolls Recipe

1 cup warm water	1 tsp salt
1 package dry yeast	1 egg
1/3 cup sugar	3 ½ cup flour
1/3 cup oil	

3 hours before hand: mix warm water, yeast, and a little sugar to proof. While yeast is proofing mix sugar, oil, salt, and egg. Add yeast and flour. Knead until smooth. Cover in a greased bowl and let rise till double. Make into rolls and put in a well greased pan. Bake 20-25 minutes in a 350° oven. This will make 20-24 rolls using a jelly roll pan.

Pastor Jess Office Hours

Mondays
7:00-9:00 a.m. at Millerton UMC
11:00 a.m.- 1:00 p.m. at New Zion UMC

Tuesdays
This is the pastor’s Sabbath (day of rest)

Wednesdays
8:00 a.m.- 2:00 p.m. at Corydon UMC

Thursdays
12:00-2:00 p.m. at Allerton UMC

Fridays
2:00-4:00 p.m. at Lineville UMC



United Women in Faith

If you missed ordering a Kerusso Tee Shirt or other products from United Women in Faith, please watch for catalogs coming out in October. We will take orders for 6 weeks after the catalogs arrival. These make nice Christmas gifts!

The UWF 2026 planning meeting: Corydon location on October 7 at 9:30 AM.

The next regular meeting will be October 28 at Corydon UMC at 1:30.

Shari, United President

Recipe for Honey Flax Gluten-Free Bread

250 grams King Arthur gluten-free flour or ¾ cup
(note: do not scoop and level gluten free flour, spoon or gently pour into the measuring cup and gently shake to level)

1 tsp salt	1 Tbsp ground flaxseed
¼ cup (4 Tbsp) water	2 eggs, beaten
2 Tbsp oil	2 Tbsp honey
½ Tbsp apple cider vinegar	1 tsp granular yeast
¾ cup milk, warm in microwave 1 min	
1 heaping tsp psyllium husk powder	

Add salt to flour, whisk together, set aside. Add the next 7 ingredients (flaxseed to milk) to a bowl and stir to mix. To this, add the psyllium powder and whisk thoroughly. Add the yeast and the flour, stir thoroughly to make a smooth, thick, sticky batter. Transfer the dough to greased pans of choice to raise: muffin tins, bun pans, or an 8 ½ x 4 ½ loaf pan. Muffin tins take 30 minutes, bun bans and loaves take longer.

Remove plastic wrap and brush tops with melted butter and bake at 350°.

Muffin tins take about 15 minutes, other pans take longer. Remove from oven and brush with a little more melted butter. Let cool for a few minutes before removing from pan.

Recipe makes 12 muffins or 8 buns or 1 loaf.

If using a bread machine, add the liquid ingredients and psyllium powder to the bucket first. Cover this with the flour mixture and top it off with yeast. Put the bucket in the bread machine, close the lid, and use the gluten free or quick bake setting. You may want to scrape the sides of the bucket once or twice during the stir cycle to incorporate all the flour and be sure the dough ball is evenly centered. When baking is done, remove the bucket promptly and let the loaf cool for a few minutes. Shake the loaf out of the bucket, then sit it upright on a rack until completely cool. Makes 1 smaller loaf.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Men's Breakfast at Corydon UMC 7:00 am Martha Circle 9:30 Joanna Circle 1:00	2 Yoga 3:30	3 Allerton UMC deliver Mobile Meals	4 St. Francis Mass 6:30 pm
5 Communion & Aid & Assist. T-C & M Lorinda-AL& N	6 Community Coffee at Millerton 7:30	7 Millerton Ad Council at 7:00	8	9 Corydon Ad Council 1:30 Yoga 3:30 Lineville Ad Council 5:30	10 Quilt at Lineville UMC 2:00	11 St. Francis Mass 6:30 pm
12 2nd Sunday Pot- luck at Corydon J-C & M T-AL& N	13 Community Coffee at Millerton 7:30	14 Prayer Shawl 9:30 at Corydon UMC	15 Men's Breakfast at Corydon UMC 7:00 am	16 Food Truck at Allerton 2:00 Yoga 3:30	17 Chapel at Corydon Specialty Care 11:00	18 St. Francis Mass 6:30 pm
Pastor Jess & Tim vacation Oct 13 to 22						
19 Communion T-C & M J-AL& N	20 Community Coffee at Millerton 7:30	21	22	23 Yoga 3:30	24 Quilt at Lineville UMC 2:00	25 Charge Conference 2:30 St. Francis Mass 6:30 pm
26 Food Pantry T-C & M J-AL& N	27 Community Coffee at Millerton 7:30	28 UWF at Corydon at 1:30	29 Last Week Supper 5:00 to 6:00 & Planning Meeting	30 Yoga 3:30	31	

The schedule is subject to change



Men's Breakfast group enjoying fellowship and setting up the room for a gathering



Last Week Supper Ministry



Candlelighters
at the Lineville,
New Zion, and
Millerton
churches



Bread of Life Re-
treat at New Zion
UMC





Guest preachers Lorinda & Kasey talk about Gospel Discipleship with the kids



3rd Grade Bible presentation and three people preparing for baptism at Corydon UMC



5th Sunday Worship at the Allerton UMC



United Women in Faith meeting



United Methodist Church
213 W. Jackson
Corydon, IA 50060

Non-Profit Organization

U.S. Postage Pd. Permit # 19

Corydon, Iowa

ADDRESS CORRECTION REQUESTED

Parish Office

Hours: 8-2 Tuesday—Thursday

Telephone: 641-872-1569

Web: www.christcommumparish.com

Facebook: Christ Community United

Methodist Parish Corydon, Iowa

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Home: 641-877-8851 Cell: 641-203-6060

Parish Secretary

Becky Feters—coryumc@grm.net

Parish Prayer Chain

Call one of the pastors



Worship Times

Allerton

Worship 8:30

Corydon

Adult Sunday School 9:30 ~ Worship 10:45

Lineville

Worship 9:45

Millerton

Worship 9:00

New Zion

Sunday School 9:45 ~ Worship 11:00